

COME FOLLOW ME - YOUNG WOMEN

1 NEPHI 1-7

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What did you notice about how members of Lehi's family interacted with each other?

What did you learn that might help you to strengthen your families?

"The Family: A Proclamation to the World"

Find examples in 1 Nephi 1-7 of how these principles were followed or not followed by the members of Lehi's family:

Contrasting Messages:

Reference: President Dallin H. Oaks's message "The Plan and the Proclamation"

What messages in the world contradict Heavenly Father's plan for the family?

"Why are families important in God's plan?"

Reference: Elder D. Todd Christofferson's message "Why Marriage, Why Family"

How does understanding the importance of families affect the way we treat our family members?

How does the Savior help us achieve happiness in family life?

Important truths about families:

Reference: Sister Carole M. Stephens "The Family Is of God"

What difference does knowing this truth make in my life?

How would the world be different if everyone understood this truth?

How can we teach and be an example of this truth in our families and communities?

ACT IN FAITH

Ponder and record what you will do to act on the impressions you received today. How does today's lesson relate to personal goals you have made?